

# The Villages®

Public Safety Department



## *Dealing With Chest Pain Acute Coronary Syndrome*

**The Villages Public Safety Department  
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Office: 352-205-8280 - Fax: 352-205-8290**

## What Is Acute Coronary Syndrome (ACS)?

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For many patients, ACS is a heart attack, or the precursor to one. Patients present with a number of symptoms:

- Chest pain, pressure or tightness or pain similar to heartburn
- Pain in other parts of the body such as a shoulder or jaw
- Nausea and/or vomiting
- Shortness of breath
- Sudden, heavy sweating
- Lightheadedness, dizziness, or fainting
- Unusual or unexplained fatigue



## What Should I Do If I Experience ACS?

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If your symptoms last more than ten minutes, **do not delay: call 911**. It may be indigestion or a muscle strain, **but it may be a heart attack**. Delaying care can make the difference between life and death!

## I'll Just Have My Spouse Drive Me To My Doctor...

While your personal doctor may be an exceptional physician, he doesn't have the capabilities to effectively deal with an active heart attack in his/her office. By calling 911, you set a series of actions into motion that can ensure you receive the best, most efficient care possible. Villages Public Safety and The Villages Hospital work hand-in-hand to guarantee you get highest level of care.

# What Are “Coronary Angioplasty” and “Stents?” Remove Watermark Now

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Coronary angioplasty (is a procedure used to open clogged heart arteries. Angioplasty involves temporarily inserting and blowing up a tiny balloon where your artery is clogged to help widen the artery.

Angioplasty is often combined with the permanent placement of a small wire mesh tube called a stent to help prop the artery open and decrease the chance of it narrowing again.

Angioplasty can improve some of the symptoms of blocked arteries, such as chest pain and shortness of breath. Angioplasty can also be used during a heart attack to quickly open a blocked artery and reduce the amount of damage to your heart.



**REMEMBER:**

**CALL 911**

**IF YOU EXPERIENCE ANY OF  
THE SYMPTOMS ABOVE.**

**IT CAN SAVE YOUR LIFE!**

# Chest Pain?

Call 9 1 1

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